

## “Facing Giants in My Life”

Bible story read: David and Goliath

*Today, we will be learning about a shepherd boy that faced a big giant and how we can face giants in our lives! What is a giant?*

*\*\*\*\*Read 1 Samuel 17, telling the story of David and Goliath. (Read the story directly from the Bible, with enthusiasm, pausing to highlight different things that happen.)*

*Highlight:*

- 1. The armies gathered, each on a different side.*
- 2. The Philistine army had a giant, named Goliath.*
- 3. David’s brothers and the rest of the Israelite army were afraid to fight Goliath.*
- 4. David was just a boy, watching his father’s sheep, but he knew God was stronger than the giant.*
- 5. David faced Goliath but did not want a lot of armor like Goliath.*
- 6. David killed Goliath with just a stone and a sling with God’s help.*

*We usually think of giants as big people, but a giant can be anything in my life that seems big, scary, or too hard for me!*

*What T.O.P.S. the giants? We are going to use an acrostic that can help us remember what we need to do in order to face big, scary, or hard things in our lives.*

### I. Trust

1. Trust God for the **gift** of eternal life (Romans 6:23)

Salvation simply is when you know that you have done, said, or thought things that make God sad, tell Him you are sorry, and believe/know that Jesus took the punishment for you so that you would not have to go to Hell, and then ask Him to give you a home in Heaven forever with Him someday.

Salvation is only about what Jesus did for us. Nothing we do can make us good enough for Heaven. We are all sinners in need of someone to free us from the punishment of death in the Lake of Fire.

2. Trust God’s **Word** (2 Tim. 3:15-17)

God makes many promises in His Word. He promises “I will never leave thee, nor forsake thee.” If we are facing a giant in our lives, and we are afraid, it is because we are not trusting that God is with us and protecting us.

### II. Obey

Who are some people you need to obey? (God, parents, teachers, etc.)

Why should you obey?

1. Because God will not hear the prayers of those who live against what He says to do.
2. Because it is right! (Ephesians 6:1)

God gives commands in the Bible so we know what is right and wrong. When you face a choice or hard time in your life, just knowing what the Bible says will not make a difference, UNLESS, you DO what it says! "If ye know these things, happy are ye if ye do them." It is not always easy to obey.

### **III. P ray**

God answers the prayers of those who call on Him.

1. He hears our cries
2. He is a friend who will always listen. When can you pray? Where can you pray?
3. He promises to answer, even if it might not be how you wanted Him to.
4. To make the right choices

What is one thing you can ask God for help to do?

Matthew 26:41 "Watch and pray, that ye enter not into temptation: the spirit indeed is willing, but the flesh is weak."

### **IV. Surrender (Romans 12:1-2)**

Surrender means that you are willing to go, do, say, and think whatever or wherever He wants you to, even if it is hard. It is giving all you have and all you are to God.

Remember that surrender is different than Salvation. Surrender is something you should want to make a choice to do each day.

Are you willing to tell people about Jesus even if you do not like them? Are you willing to surrender your giants to God and trust that He will take care of things and you need Him to help you? Surrender/give up your fears and giants and let God fight the battle! God gave us His only begotten Son who died on the cross for sinners like you and me; how can we give God any less than ours lives?

Are you ready to face the giants in your life? What are some examples of giants you might face?