

I. Department Level: Juniors

II. Unit 3: Sermon on the Mount

III. Lesson 10: Serving the Extra Mile

IV. Lesson Concept: Children must be kind even when it is hard to do so.

V. Instructional Objectives:

A. The child will recite from memory Ephesians 4:32 from memory with no more than two helps.

B. The child will explain the meaning of Ephesians 4:32.

C. The child will give a personal example of application of Ephesians 4:32.

VI. Materials: No special materials

VII. Opening Activities:

A. Love, Love,

B. This is My Commandment

C. Rejoice in the Lord Always

VIII. Memory Verse Activity:

The students will open their Bibles to Ephesians 4:32. The teacher will read the verse to the students. The children will read the verse out loud with the teacher a second time. The teacher will explain any big or confusing words (i.e. “kind,” “tender-hearted,” “forgiving,”). The students will read the verse again. The children will recite the verse two times. Any children whose names begin with a vowel will say the first portion of the verse, and the children whose names begin with a consonant will say the last portion. The children will recite the verse. The children will stand on one foot while reciting the verse. The children will recite the verse one more time.

## IX. Sequence of Activities:

### A. Activate Prior Knowledge:

1. Who is the perfect example of being kind?
2. What did Christ do for us?
3. Did we deserve the kindness Christ gave?

### B. Instruction

#### I. Christ is the perfect example of kindness.

- A. He died for sinners.
- B. People were unkind when they put Christ to death.
- C. He rose again.
- D. He did not seek to get revenge on those that put Him to death.

#### II. People will be unkind to you.

- A. People have a sin nature.
- B. All men have sinned.

#### III. You must be kind when people are unkind to you.

- A. Kindness must be shown to others because the Bible says to be kind.
- B. You cannot only be kind to those who are kind to you.

### C. Lesson Importance and Application:

You must show kindness by loving and forgiving those who do wrong to you like Christ did. You can show kindness by offering more toys to your friends when they rudely take some of your toys without asking. Kindness can be shown to others when you allow them to be first in things or when you go out of your way to help others with chores that they need to do.

### D. Lesson Closure:

What are some other ways you can be kind to others? Is kindness something that should only be shown when others are kind to us? The world will see Christ when we are kind to those who do not deserve it. Is not forgiving someone when they have wronged you a good way to show kindness? What does our memory verse say about being kind? Can anyone recite the verse from memory? What is Ephesians 4:32 telling you to do? How can you show kindness to others? This week, try to think of other ways you can be kind to your parents, friends, or people you don't know.

E. Evaluation:

1. The child recited from memory Ephesians 4:32 from memory with no more than two helps.
2. The child explained Ephesians 4:32.
3. The child gave a personal example of application of Ephesians 4:32.